

Hampshire and South Coast Swimming Leagues Competition Conditions (League Bylaws)

V7 February 2023

BYLAWS of Hants and South Coast Swimming Leagues 2023

Part 1 Competition Conditions (League Bylaws)

1. Programme of events

Programmes for each competition shall be as indicated herein. Swimmer ages shall be as defined for each individual competition. The ages of all competition swimmers shall comply with the appropriate ASA Minimum Age law. The competitions being offered each year will be agreed by the executive committee based upon available calendar slots and feedback from member clubs.

2. Allocation of lanes

The allocation of lanes shall be by random draw at the gala.

3. Allocation of clubs in gala groupings (Two-round competitions)

a) Round 1 Seeded galas shall be balanced as shown, in principle, below. The team numbers refer to the position of that team in the previous year's competition.

i) Four gala groupings

	Teams							
Gala 1	1	8	9	16	17	x	x	x
Gala 2	2	7	10	15	18	x	x	x
Gala 3	3	6	11	14	19	x	x	x
Gala 4	4	5	12	13	20	x	x	x

ii) Five gala groupings

	Teams							
Gala 1	1	10	11	20	21	x	x	x
Gala 2	2	9	12	19	22	x	x	x
Gala 3	3	8	13	18	23	x	x	x
Gala 4	4	7	14	17	24	x	x	x
Gala 5	5	6	15	16	25	x	x	x

Galas may consist of 5, 6, 7 or 8 teams. Places marked with an "x" will be allocated as necessary to remaining teams competing (lower or unplaced teams in the previous year competition). Flexibility will be allowed for interchange of close placed teams, other than the top seeds, to allow practical gala hosting arrangements to be set up.

In some competitions geographical location may be used to set the gala grouping.

b) Round 2 teams shall be set into successive groups in rank order to swim for Division/Group trophies. In general, teams shall be grouped into sets of 6, but flexibility will be allowed for groups of 4, 5, 7 or 8 teams to make optimum use of venues available.

4. Scoring

All gala events shall be scored in relation to the number of teams competing (e.g. 5,4,3,2,1 for a 5-team gala) and the swim position. If a gala with less than 6 teams is, in error, scored as 6,5,4,3,2,1 the conversion formula, to avoid fully rescoring, is:

Corrected points = $P - (6 - N)(E - D)$ where:

P = points allocated as 6,5,4,3,2,1; N=number of teams competing (3,4 or 5); D=number of DQs (or 'no swim') for the team.

If there is an event place tie both teams shall be awarded the points for the position points; e.g. 6 points for both swimmers/teams for a 1st place tie in a six-team gala.

Round 1 galas swum with other than 6 teams, shall have the gala points total rescaled by the Fixture Secretary to a six-team standard. The multiplication (re-scaling) factor to a 6-team standard shall be $7/(N+1)$ where N is the number of teams competing. e.g. 7/9, 7/8, 7/6, 7/5 for conversion from 8, 7, 5 or 4 teams respectively.

Teams shall be placed in rank order headed by Round 1 gala winners, followed by the remaining clubs with rank position set by Round 1 gala points, rescaled where necessary. This rank order shall be used to determine the gala groupings for Round 2

Round 2 galas shall be scored in accordance with the specific conditions of the competition concerned. In general all Final Round galas are trophy galas in their own right although it is necessary for trophy winners to have swum correctly in both rounds in accordance with the competition conditions. Teams that are ineligible for the trophy shall, however, still score in the gala in the normal manner.

Where the competition secretary cannot arrange suitable galas, clubs may be required to swim in an alternate gala and the competition secretary will then move the times to create the correct galas.

Where, due to excessive travel time and cost, teams are permitted to compete by submission of swimmer times previously obtained to the gala programme at a local pool, however they not win any trophy. This will be known as Postal Swimming .The following shall apply.

- a. Postal Swim galas shall be pre-swum in accordance with the programme and Specific Conditions in adequate time for the full results to be made available prior to the main competition round.
- b. Postal Swim teams shall be allocated to any Virtual format of the appropriate 'Host' galas.
- c. Gala event times shall be used to place Postal Swim teams in gala positions, in conjunction with Host gala teams, to form a league Table.
- d. Certificates may be awarded to acknowledge Event swims in Medal positions.

6. Postal Swimming

Where, due to excessive travel time and cost, teams are permitted to compete by submission of swimmer times previously obtained to the gala programme at a local pool, this will be known as Postal Swimming. The following shall apply.

1. Postal Swim galas shall be pre-swum in accordance with the programme and Specific Conditions in adequate time for the full results to be made available prior to the main competition round.
2. Each Postal Swim team shall be allocated to an appropriate 'Host' gala and will be included in any virtual gala format that may be prepared for the competition.
3. The Host gala/s shall be swum, at the discretion of the Competition Secretary, with Postal-Swim Times either entered and used throughout the gala, or added later to determine swimmer positions.
4. Gala points acquired by Postal swim teams shall be exclusively used to place those teams and shall not affect the Grouping or Trophy awards of the teams swimming in the Host galas.
5. Where a Postal Swim team heads a final round Group this will be acknowledged independently.

6. General Conditions

- a. Minor League, Junior Cup, Premier League/Rother Trophies, Gemini Trophy, Invitation Meet, Rother League, and Virtual gala/s are separate competitions.
- b. The Competition Conditions shall apply to each competition unless specifically stated otherwise.
- c. Host clubs shall act as agents of the League, assuming the promoters responsibility for that particular gala. (where a separate Promoter club is specified because the host club does not have an hosting arrangement with a pool, the gala responsibility will remain with the host club, but the promoting club will provide the relationship with the pool, including liability insurance and where required and risk assessments.
- d. Swimmers may only swim the number of events as specified under the Conditions of the appropriate competition. Any infringement of this Condition will result in disqualification in the events where the infringement takes place and no points will be awarded to their team in those events. Disputes, which cannot be resolved by the Referee, shall be referred to the Executive within twenty-four (24) hours for a decision. The Open age group is an age group within its own right.
- e. Where a swimmer or team has been disqualified at an event start they may be offered a time trial in that race. Such a swim, if accepted, will be subject to an announcement that the swimmer/team is disqualified and is taking part only on a non-scoring time trial basis.
- f. Where mixed sex relays (G/B) are specified there must be an equal number of boys and girls in each team (eg a 4x1 G/B relay must consist of 2 girls and 2 boys). They may swim in any girl, boy order except in the Squadron relay which must be swum girl, boy in ascending age-group order.
- g. Swimmers must be registered and members of the club they represent from the date of the first gala of the Competition in which they take part.

- h. Where two teams from the same club take part in a gala, swimmers MAY NOT BE INTERCHANGED between the teams. In the Gemini Trophy, swimmers may be interchanged between the two strings.
- i. **The Maximum and Minimum age of swimmers in all competitions swum under the League auspices shall be as at the last, or only, round of that competition. Minimum age shall, to comply with ASA Law, be not less than nine (9) years.**
- j. Invitational Meet ages shall be as at the date of the gala.
- k. Gala starts may be delayed up to fifteen (15) minutes to allow for the late arrival of a club. Clubs arriving after the start shall be allowed one (1) point for each event missed. In the Gemini Trophy, clubs shall be allocated three (3) points for each event missed. Club failing to compete in a gala will not receive any points.
- l. The delegate of the sponsoring club of each gala is responsible for notifying by email, the Fixture Secretary with the full points results of the gala and any trophies received and presented..
- m. The Fixture Secretary shall notify clubs of the current League Table and competition groupings as appropriate for subsequent rounds..
- n. Sponsoring clubs must provide programmes, venue details and a map to all participating clubs, no later than fourteen days prior to the gala.
- o. The use of air-horns, other than by the Starter, is forbidden.
- p. All disqualifications must be announced so coaches and swimmers are aware of them before the overall results are announced and trophies presented.

Part 2 Gala Hosting Guidelines

The League is grateful to clubs for acting as Promoters and hosts on behalf of the League by hosting galas.

Some guidelines for Promoting, Host and Guest Clubs are given below.

Promoting Clubs:

1. Book, or confirm booking of, the agreed venue pool together with a lifeguard.
2. Inform the host club of the times when the pool will be available for entry to the pool and for warm up.
3. Ensure a copy of the pool operating procedures will be available.
4. Provide a promoter for the gala.

Host Clubs

1. Print Programmes.

Advise Guest Clubs, at least 14 days before the gala, of gala venue [including Post Code and telephone number], gala programme, pool entry and gala start time; *copy to the Competition Secretary please.*

2. Arrange Officials

Technical: Referees, Chief Time Keepers, Starter, Judge and lane Timekeeper,

Non-Technical: Recorders, announcer, door and raffle coordinators.

If you are short of any of these the first port of call for help is to Guest Clubs, then to the League if difficulty remains.

Check that, if applicable (all final rounds and Rother Rd2), the Trophy will be available for presentation. The Trophies Secretary is Chris Lintott.

At such galas all teams present must score, including any team not eligible for the Division Trophy.

3. At the gala ensure that the Rules and Competition Conditions are available to the Referee and Guest Clubs. Score the gala in accordance with the number of teams present. Results should be announced in *lane* order with, optionally, the winning time given as well as the places. All disqualifications must be announced as soon as possible to allow for a possible club protest.

After the gala please ensure that the gala result is advised to the Competition Secretary that evening if possible so that the League table can be set up. For Final Round galas (and Rd 2 of the Rother League) include confirmation, or otherwise, that the trophy was presented.

4. Excessively loud noise sources, air horns in particular, can interfere with gala running and/or cause distress to nearby swimmers or spectators. The League requests that their use be confined, if applicable, to the sole use of the gala starter.

5. Costing

The Gala entry fee, including programme, (£3 at present) is set at each AGM and is intended to enable *most* galas to be run with just a small profit or loss. Profit or loss is the simple difference

between the pool hire and the spectator entry receipts. Clubs are expected to run a raffle (with *optional* purchase by spectators) with pre-purchased or donated prizes, the proceeds from which can cover provision of programmes and general gala administration.

The League expects small losses on the gala (under about £50 or so) to be absorbed by Host Clubs that are using their home pool (on the basis of the saving of potentially significant travel costs) and is also happy for small profits to be retained by the club.

However there are many cost variables in pool hire charges, spectator accommodation number limits, number of clubs attending (5,6,7 or 8) and the gala type (all ages or Junior) so profits or losses *can* be significant.

The League will, on application, make a contribution towards significant losses (Rule 4d).

Likewise, in accordance with Rule 4c, clubs making a significant profit are invited to make a contribution to League funds.

Where galas are run at neutral pools the door money and pool invoice should be sent to the League Treasurer.

Note1: Computer programmes are available, on request, to provide swimmer positions and team points from event times for League galas.

Note2: Where hosting is at a neutral pool Guest Clubs are expected to be prepared to assist with the provision of non-technical helpers (announcer, recorder, door keeper etc).

Note 3: Clubs should, where practical, remain on poolside at the gala end for any trophy presentations that will be made. However where young children and long-distance travel or 'last ferry to the IOW!' implications are present those clubs may leave at once with understood apologies.

Part 3 Specific Competition Conditions

MINOR LEAGUE (2 rounds): SPECIFIC CONDITIONS

NOTE: All Competition Conditions and Rules apply to the Minor League except where the difference is set out below

M.L.1. Swimmers must be registered and members of the club they represent from the date of the first gala of the competition. Ages, as at the last round of the competition, must comply with the programme and ASA law: see rule 6i.

M.L.2 Swimmers may only compete for one club in the Minor League in any one calendar year, unless ruled otherwise by the Executive

M.L.3 Swimmers may swim in any number of relays and up to five individual events in total, of which not more than three shall be in their own age group.

The Squadron Relay shall be swum in girl/boy ascending age order. All other mixed sex (G/B) relays shall likewise have equal numbers of male and female swimmers (eg 2/2 for a 4x1 relay). They may swim in any girl, boy order but must comply with ASA stroke sequence laws.

Relay swimmer names and swim order, which, subject to Competition Conditions, may be changed with notification, should be made available on request by the gala MC or Referee.

M.L.4 Swimmers who have qualified to take part in an ASA National Age Group or Championship (excluding Masters), in events of 50m, 100m or 200m in the 12 months preceding the first round of the competition may not take part in any events (*individual or relay*) in **that stroke** in **any age group**. Swimmers with National IM qualifying times may still take part in the form strokes in which they do not also have an NQT,

M.L.5 If two teams from the same club take part in the same gala, swimmers may not be interchanged between the two teams

M.L.6 Gala groupings for Round 1 shall be in accordance with the seeding arrangements set out in the Competition Conditions. Galas must be scored in accordance with the number of teams present e.g. 5, 4, 3, 2, 1 for a five-team gala. If there is an event place *tie* both teams shall be awarded the *position* points; e.g. 6 points for both swimmers/teams for a 1st place tie in a six-team gala.

M.L.7 Results from galas swum with other than six teams shall the total points rescaled by the Fixture Secretary to convert them to a six-team standard.

After Round 1 teams shall be placed in rank order headed by Round 1 gala winners, followed by the remaining clubs with rank positions set by Round 1 gala points, rescaled as necessary.

M.L.8 In the Final Round, teams shall be grouped in successive sets from the Rank Order with bonus points reflecting the level of each Division.

The top teams shall be swum together for the League Division 1 trophy, awarded to the gala winner. The remaining teams shall be swum together in successive groups in Rank Order to compete for the remaining Division trophies and again awarded to eligible gala winners

Where there is a tie for first place on gala points in the Final Round, the trophy shall be awarded to the higher placed, of the relevant clubs, on Round 1 gala points. Teams must have swum in both rounds in accordance with the rules to be eligible for the trophy.

A League Table shall be drawn up from the Round 2 results to place teams in Rank Order from their Division and gala placing.

A Virtual League Table may also be provided.

M.L.9 Gala starts may be delayed up to fifteen (15) minutes to allow for the late arrival of a club. Clubs arriving after the start shall be allowed one (1) point for each event missed. Clubs failing to compete in a gala will not receive any points.

JUNIOR CUP (1 round): SPECIFIC CONDITIONS

NOTE – All Competition Conditions and Rules apply to the Junior Cup except where the difference is set out below.

J.C.1 Swimmers must be registered and members of the club they represent from the date of the first gala of the competition in which they take part. **Ages must comply with the programme and ASA law: see rule 6i.**

J.C.2 Swimmers may only compete for one club in the Junior Cup in any one year, unless ruled otherwise by the Executive.

J.C.3 Swimmers may swim in any number of relays and up to five individual events for which they are eligible by birth date of which not more than three shall be in their own age group. The Squadron Relay shall be swum in girl/boy ascending age order.

Relay swimmer names and swim order, which, subject to Competition Conditions, may be changed with notification, should be made available on request by the gala MC or Referee.

J.C.4 There are no limitations on swimmers other than those in JC1, 2 and 3.

J.C.5 If two teams from the same club take part in the same gala, swimmers may not be interchanged between the two teams.

J.C.6 The galas will be seeded on the results of the previous year's competition with two teams being promoted/demoted between divisions. In general, after promoting and demoting teams from the previous year's results, teams will be grouped into groups of 5,6,7 or 8 at the choice of the Competition Secretary. Galas must be scored in accordance with the number of teams present e.g. 5, 4, 3, 2, 1 for a five-team gala. If there is an event place *tie* both teams shall be awarded the **points for position** ; e.g. 6 points for both swimmers/teams for a 1st place tie in a six-team gala.

J.C.7 Group Trophies will be awarded to gala winners.

Where there is a tie for first place on gala points, the trophy shall be awarded to the higher placed, of the relevant clubs, in the Squadron relay

J.C.8 Gala starts may be delayed up to fifteen (15) minutes, to allow for the late arrival of a club. Clubs arriving after the start shall be allowed one (1) point for each event missed.

J.C. 9 Postal swimming teams will be event placed in accordance with their submitted times. Should their swimmer time be the same as the averaged time (due to place/time conflict) of a pair of Host gala swimmers in that event, then all three will share the position place points. Certificates may be awarded to acknowledge event positions.

PREMIER LEAGUE/ROTHER JUNIOR TROPHIES (1 round): SPECIFIC CONDITIONS

This competition will form round 1 of the Rother League. Clubs can enter this as a stand alone competition and as part of the Rother League.

PL1 Swimmers must be registered and members of the club they represent from the date of the first gala of this competition.

Ages, as at the last round of the competition, must comply with the programme and ASA law: see rule 6i.

PL2 Swimmers may only compete for one club in the Premier League/Rother Junior Trophies in any one year unless ruled otherwise by the Executive.

PL3 Swimmers may swim in any number of relays and up to five individual events in total of which not more than three shall be in their own age group.

The Squadron Relay shall be swum in girl/boy ascending age order. All other mixed sex (G/B) relays shall likewise have equal numbers of male and female swimmers (eg 2/2 for a 4x1 relay). They may swim in any girl, boy order but must comply with ASA stroke sequence laws.

Relay swimmer names and swim order, which, subject to Competition Conditions, may be changed with notification, should be made available on request by the gala MC or Referee.

PL4 There are NO constraints on swimmers taking part in the Premier League/Rother Junior Trophies other than those stated in ASA Law and conditions PL1 and PL2.

PL5 If there are insufficient swimmers to swim at least three divisions (i.e. Premier League div1, Rother junior Trophies East division and Rother junior Trophies West division) then the competition will be swum with Premier League divisions 1 or 1 and 2 only.

PL6 When two teams from the same club take part in the same gala swimmers may not be interchanged between the two teams.

PL7 Galas must be scored in accordance with the number of teams present e.g. 5, 4, 3, 2, 1 for a five-team gala. If there is an event place *tie* both teams shall be awarded *the position* points; e.g. 6 points for both swimmers/teams for a 1st place tie in a six-team gala.

PL8 Gala starts may be delayed for up to 15 minutes to allow for the late arrival of a club. Clubs arriving after the start shall be awarded one point for each event missed.

PL9 Swimmers must not have obtained the Hampshire county qualifying time for the stroke in their age group (~~except U10s~~). Fast swimmers can swim up in an age group where they don't have a qualifying time. Those who exceed the time will be given a speeding ticket and receive no competition points. ~~There is no qualifying time for U10s.~~

Competition Structure

Teams shall be set in rank order from determined by their League positions in the previous competition. New entries may be inserted into positions reflecting their known strengths. The top teams shall form Division 1 and the remaining teams Divisions 2, 3, etc. respectively. The number of teams in a division will be up to 8 to allow efficient use of 6 and 8 lane pools. The lowest two divisions will be based upon the eastern and western areas of the H&SC area to

minimise travel. The bottom two teams of each Division shall first have been interchanged with the top two of the Division below, except for East and West divisions, where the top team the top team from each division is exchanged with the bottom two from the division above.

The competition will be known as Rother Junior Trophies for the lowest two divisions and the competition will be known as Premier League for the other divisions.

GEMINI TROPHY (single round): SPECIFIC CONDITIONS

NOTE: All Competition Conditions and Rules apply to the Gemini Trophy, except for the differences below.

Ages, as at the last round of the competition, must comply with the programme and ASA law: see rule 6i.

G.T.1 Swimmers must be registered and members of the club they represent.

G.T.2 Competing clubs are required to swim two individual strings, with two lanes allotted to each club throughout.

G.T.3 There are no constraints on swimmers taking part in the Gemini Trophy other than those stated in ASA Laws and conditions GT1 and GT2

G.T.4 The lane draw shall be for pairs of lanes, coupled as follows:

- In a two-club gala the groupings shall be 2 and 4, and 3 and 5;
- In a three-club gala the groupings shall be 1 and 4, 2 and 5, 3 and 6;
- In a four-club gala, the groupings shall be 1 and 5, 2 and 6, 3 and 7, and 4 and 8.

G.T.5 Gala starts may be delayed up to fifteen (15) minutes, to allow for the late arrival of a club. Clubs arriving late shall be awarded 3 points for each event swum before their arrival.

G.T.6 Scoring shall be 6,5,4,3,2,1 in a three-club gala and 8,7,6,5,4,3,2,1 in a four-club gala for each lane position. The gala points of the two lanes of each club shall be added together to give the club score for each event and their gala total. If there is an event place tie both teams shall be awarded the points for that position; e.g. 6 points for both swimmers/teams for a 1st place tie in a six-team event.

G.T.7 Swimmers may swim in any number of relays but in not more than 5 individual events.

G.T.8 Relay events;

- a) All teams shall consist of an equal number of male and female swimmers.
- b) The Squadron Relay must be swum in girl/boy, ascending age-group order. Medley and freestyle relay teams may be swum in any swimming order, but stroke order must comply with ASA Law.
- c) Relay swimmer names and swim order, which, subject to Competition Conditions, may be changed with notification, should be made available **on request** by the gala MC or Referee.

G.T.9 Swimmers may be freely interchanged between each string (lane), within the constraints of the competition.

G.T.10 If there is a tie for first place on total gala points in the Final Round, the trophy shall be awarded to the higher placed score, of the relevant clubs, in the Squadron relay

G.T.11 In order to enable gala arrangements for the following year clubs shall be placed in rank order from their positions in each group in conjunction with the interchange of the bottom of each group with the top of the next lower group.

Clubs shall then be set in successive groups of 3 or 4 teams.

VIRTUAL COMPETITIONS

League Competitions may be complemented by a Virtual Results Table in which the multiplicity of galas in each round is combined to just one by use of the gala event times.

This VG Table is accompanied by Universal Event certificates to allow Clubs to acknowledge swimmer performance (1st, 2nd or 3rd place.)

The Virtual format is automatically entered by the basic competition teams but can also be entered by other Clubs, in particular by overseas Clubs using Postal swimming to avoid high travel costs.

Ages, as at the last date of the competition time-band, must comply with the basic programme and ASA law.

INVITATIONAL MEET – SPECIFIC CONDITIONS

I.M.1 This Meet is open to all member clubs and such others as may be agreed by the Executive.

I.M.2 **Swimmers ages shall be as at the date of the gala: see rule 6i.**

I.M.3 The Meet shall be based on 50m events in all four strokes, together with a 100m Individual Medley. Inter-club girl and boy relays will also be available. Relay swimmer names and swim order, which may be changed with notification, should be made available on request by the gala MC or Referee.

I.M.4 Entry limits may be set for any or all sessions.

I.M.5 Constraints on swimmers taking part will be set each year and stated in the Promoter's Conditions

I.M.6 Trophies will be awarded in accordance with the Promoters Conditions.

I.M.7 Perpetual trophies will be awarded to the top Junior, Intermediate, Senior and Overall teams.

The Overall (Meet Trophy) shall be awarded to the team making the highest total points.

I.M.8 Clubs taking part must be prepared provide officials and take one or more of the duties required..

ROTHER LEAGUE

All rounds of the Rother League will be independent competitions, but clubs entering all rounds with have their results entered into the overall league.

L1 As all rounds are now separate competitions, ages will be that round.

Swimmers may only compete for one Club in the League year, unless otherwise ruled by the Committee.

L2 Swimmers may swim a maximum of three (3) individual events in their own age group and not more than a total of five (5) individual events. There is no limit on the number of relay swims in any gala. All events in Round 2 galas, other than the two Individual Medleys, are relays so there are no restrictions on the number of events a swimmer may take part in. Where two teams from one club take part in the same gala swimmers must swim for one team only.

- L3** The squadron relay shall be swum in girl/boy, ascending age, order for each of the four age groups. Names need not be submitted in advance.
- L4** In backstroke relays all swimmers must start in the water and the hands and feet of each swimmer shall remain in contact with the wall until the incoming swimmer has touched the end of the pool.
- L5** In some pools a support rail obstructs one or both ends. Turns and finishes may then be made on the rail which will be regarded as forming part of the end wall of the pool.
- L6** The ~~Masters~~ **Veterans** event is open to professional swimmers. Teams shall consist of 2 males and 2 females that may swim in any order. The total age of the four team members shall be not less than 120 years as at gala date. No Gala Points shall be awarded from the result of the ~~Masters~~ **Veterans Relay, for Rother Age Group Gala or Rother League round 3**, but a perpetual trophy shall be awarded to the winning team. **The minimum age for a swimmer is 18.**
- L7** Points for each event (excluding Masters) shall be awarded on the basis of the number of teams competing, i.e. 5, 4, 3, 2, 1 for a five team Gala. Rescaling of Galas held with other than six teams shall be done, if necessary, by the Competition Secretary.
- L8** Trophies shall be awarded on the basis of the Competition Structure (Appendix 1).
- L9** For all relays the names and order of swimmers do not need to be submitted in advance of the race. In all relays, excluding the squadron relay, swimmers may be interchanged if there is a restart. In the squadron relay, if there is a restart, the first swimmer only may be changed.

ROTHER LEAGUE: COMPETITION STRUCTURE (Three rounds)

Teams shall be set in rank order from determined by their competition positions in the previous competition. New entries may be inserted into positions reflecting their known strengths. The top teams shall form Division 1 and the remaining teams Divisions 2, 3, etc respectively. The number of teams in a division will be up to 8 to allow efficient use of 6 and 8 lane pools. The lower two divisions, 4 East and 4 West will be based upon the eastern and western areas of the H&SC area to minimise travel. The bottom two teams of each Division shall first have been interchanged with the top two of the Division below, except for Division 4 East and 4 West, where the top team the top team from each division is exchanged with the bottom two from the division above. Galas shall be set for all three rounds as below: Programmes are in Appendix 3.

Round 1 This is the Premier is now the Premier Lg/Rother Junior Trophies competition

Round 2: Relay Galas with teams in their respective Divisions:

Gala 1:	Teams	1	2	3	4	5	6
Gala 2:	Teams	7	8	9	10	11	12
Gala 3:	Teams	13	14	15	16	17	18
Gala 4:	Teams	19E	20E	21E	22E	23E	24E
Gala 5:	Teams	19W	20W	21W	22W	23W	24W

Competition points awarded 1 to 6 on gala positions.

A trophy will be issued for the winning team in each Rother round 2 division.

Round 3: Conventional programmes. Divisions 4 East and 4 West may differ from Divisions 1-3.

All teams in their respective Divisions for this competition.

Double League points shall be awarded (12, 10, 8, 6, 4, 2) from which the resulting League tables shall define Division Winners with promotion and relegation for the following year.

The Round 3 Galas shall also include a Masters relay [Two male and two female, total age 120 years or over].

After Round 3 a League table shall be drawn up. Promotion of the top two clubs in a Division (top club for Division 4 East and Division 4 West) and relegation of bottom two clubs shall be effected as described above. From the resulting rank order, the seeding for the following year shall be carried out as detailed above.

A trophy will be issued for the winning junior team, senior team and veterans' team in each Rother round 3 division.

Rother League Programmes: Ages as at Rd 3 gala date.

Round 1	:	Round 2 (Relays)	:	Round 3		
See Premier League/Rother Junior Trophies				Div 1,2 &3		Div 4 East and 4 West
		U14 G Back 2x1		Open G Fly 100m		Open G Fly 50m 1
		U14 B Back 2x1		Open B Fly 100m		Open B Fly 50m 2
		Open G Breast 2x2		U16 G Breast 100m		U14 G Breast 50m 3
		Open B Breast 2x2		U16 B Breast 100m		U14 B Breast 50m 4
		U12 G Free 2x1		U12 G Free 50m		U12 G Free 50m 5
		U12 B Free 2x1		U12 B Free 50m		U12 B Free 50m 6
		U16 G Fly 2x2		U14 G Fly 50m		U16 G Fly 50m 7
		U16 B Fly 2x2		U14 B Fly 50m		U16 B Fly 50m 8
		U14 G Breast 2x1		Open G Breast 100m		Open G Breast 50m 9
10		U14 B Breast 2x1	10	Open B Breast 100m	10	Open B Breast 50m 10
		Open G Free 2x2		U16 G I.M 100m		U14 G Fly 50m 11
		Open B Free 2x2		U16 B I.M 100m		U14 B Fly 50m 12
		U12 G Fly 2x1		U12 G Fly 50m		U12 G Back 50m 13
		U12 B Fly 2x1		U12 B Fly 50m		U12 B Back 50m 14
		U16 G Back 2x2		U14 G Back 50m		U16 G Free 50m 15
		U16 B Back 2x2		U14 B Back 50m		U16 B Free 50m 16
		U14 G F/S R 4x1		Open G Back 100m		Open G Back 50m 17
		U14 B F/S R 4x1		Open B Back 100m		Open B Back 50m 18
		Open G F/S R 4x1		U16 G Med R 4x1		U14 G F/S R 4x1 19
20		Open B F/S R 4x1	20	U16 B Med R 4x1	20	U14 B F/S R 4x1 20
		U12 G F/S R 4x1		U12 G F/S R 4x1		U12 G Med R 4x1 21
		U12 B F/S R 4x1		U12 B F/S R 4x1		U12 B Med R 4x1 22
		U16 G F/S R 4x1		U14 G Med R 4x1		U16 G F/S R 4x1 23
		U16 B F/S R 4x1		U14 B Med R 4x1		U16 B F/S R 4x1 24
		U14 G Free 2x1		Open G F/S R 4x1		Open G/B Med R 4x1 25
		U14 B Free 2x1		Open B F/S R 4x1		U14 G Free 50m 26
		Open G Fly 2x2		U16 G Fly 100m		U14 B Free 50m 27
		Open B Fly 2x2		U16 B Fly 100m		U12 G Breast 50m 28
		U12 G Back 2x1		U12 G Back 50m		U12 B Breast 50m 29
30		U12 B Back 2x1	30	U12 B Back 50m	30	U16 G Back 50m 30
		U16 G Breast 2x2		U14 G Breast 50m		U16 B Back 50m 31
		U16 B Breast 2x2		U14 B Breast 50m		Open G I.M 100m 32
		U14 G I.M 100m		Open G I.M 100m		Open B I.M 100m 33
		U14 B I.M 100m		Open B I.M 100m		U14 G Back 50m 34
		Open G Back 2x2		U16 G Free 100m		U14 B Back 50m 35
		Open B Back 2x2		U16 B Free 100m		U12 G Fly 50m 36
		U12 G Breast 2x1		U12 G Breast 50m		U12 B Fly 50m 37
		U12 B Breast 2x1		U12 B Breast 50m		U16 G Breast 50m 38
		U16 G Free 2x2		U14 G Free 50m		U16 B Breast 50m 39
40		U16 B Free 2x2	40	U14 B Free 50m	40	Open G Free 50m 40
		U14 G Med R 4x1		Open G Free 100m		Open B Free 50m 41
		U14 B Med R 4x1		Open B Free 100m		U14 G Med R 4x1 42
		Open G Med R 4x1		U16 G Back 100m		U14 B Med R 4x1 43
		Open B Med R 4x1		U16 B Back 100m		U12 G F/S R 4x1 44
		U12 G Med R 4x1		U12 G Med R 4x1		U12 B F/S R 4x1 45
		U12 B Med R 4x1		U12 B Med R 4x1		U16 G Med R 4x1 46
		U16 G Med R 4x1		U14 G F/S R 4x1		U16 B Med R 4x1 47
		U16 B Med R 4x1		U14 B F/S R 4x1		Open G/B F/S R 4x1 48
		U14 G Fly 2x1		Open G Med R 4x1		Squadron 8x1 49
50		U14 B Fly 2x1	50	Open B Med R 4x1	50	
		Squadron 8x1		U16 G F/S R 4x1		
				U16 B F/S R 4x1		
				Squadron 8x1		
				Trophy: Veterans M/F F/S R 4x1		Trophy: Veterans M/F F/S R 4x1 (Veterans: total age 120+ yrs)

All Ages as at date of competition

Programmes: Under ASA Law and Technical Rules.

Gemini Trophies					Premier League/Rother Junior Trophies				Minor League				Junior Cup				
Ages at Gala date					Ages at Gala date				Ages at Rd2 Gala date				Ages at Gala date				
1	U11	G	Breast	50m	U11	G	Free	50m	Open	L	Breast	100m	U14	G	Breast	100m	1
2	U11	B	Breast	50m	U11	B	Free	50m	Open	M	Breast	100m	U14	B	Breast	100m	2
3	U14	G	Breast	50m	U13	G	Back	50m	U11	G	Back	50m	U13	G	Breast	50m	3
4	U14	B	Breast	50m	U13	B	Back	50m	U11	B	Back	50m	U13	B	Breast	50m	4
5	U16	G	Breast	50m	U15	G	'Fly	50m	U12	G	'Fly	50m	U11	G	'Fly	25m	5
6	U16	B	Breast	50m	U15	B	'Fly	50m	U12	B	'Fly	50m	U11	B	'Fly	25m	6
7	U12	G	Breast	50m	U12	G	Breast	50m	U13	G	Free	50m	U12	G	'Fly	50m	7
8	U12	B	Breast	50m	U12	B	Breast	50m	U13	B	Free	50m	U12	B	'Fly	50m	8
9	Open	G	'Fly	100m	U14	G	Free	50m	U15	G	Breast	50m	U14	G	I.M	100m	9
10	Open	B	'Fly	100m	U14	B	Free	50m	U15	B	Breast	50m	U14	B	I.M	100m	10
11	U11	G	Back	50m	U11	G/B	Med R	4x1	Open	L	Free	100m	U13	G	Free	50m	11
12	U11	B	Back	50m	U13	G/B	Med R	4x1	Open	M	Free	100m	U13	B	Free	50m	12
13	U14	G	Back	50m	U15	G/B	Med R	4x1	U11	G/B	Med R	4x1	U11	G	F/S R	4x1	13
14	U14	B	Back	50m	U12	G/B	Med R	4x1	U12	G/B	Med R	4x1	U11	B	F/S R	4x1	14
15	U16	G	'Fly	50m	U14	G/B	Med R	4x1	U13	G/B	Med R	4x1	U12	G	F/S R	4x1	15
16	U16	B	'Fly	50m	U11	G	Back	50m	U15	G/B	Med R	4x1	U12	B	F/S R	4x1	16
17	Open	G/B	F/S R	4x2	U11	B	Back	50m	Open	L/M	Med R	4x50m	U14	G	Med R	4x1	17
18	U12	G/B	F/S R	4x1	U13	G	'Fly	50m	U11	G	'Fly	50m	U14	B	Med R	4x1	18
19	U11	G/B	Med R	4x1	U13	B	'Fly	50m	U11	B	'Fly	50m	U13	G	Med R	4x1	19
20	U14	G/B	Med R	4x1	U15	G	Breast	50m	U12	G	Free	50m	U13	B	Med R	4x1	20
21	U16	G/B	Med R	4x1	U15	B	Breast	50m	U12	B	Free	50m	U11	G	Back	50m	21
22	U12	G	'Fly	50m	U12	G	Free	50m	U13	G	Breast	50m	U11	B	Back	50m	22
23	U12	B	'Fly	50m	U12	B	Free	50m	U13	B	Breast	50m	U12	G	Free	50m	23
24	Open	G	Back	100m	U14	G	Back	50m	U15	G	Back	50m	U12	B	Free	50m	24
25	Open	B	Back	100m	U14	B	Back	50m	U15	B	Back	50m	U14	G	'Fly	100m	25
26	U11	G	Free	50m	U11	G	'Fly	25m	Open	L	'Fly	100m	U14	B	'Fly	100m	26
27	U11	B	Free	50m	U11	B	'Fly	25m	Open	M	'Fly	100m	U13	G	Back	50m	27
28	U14	G	Free	50m	U13	G	Breast	50m	U11	G	Free	50m	U13	B	Back	50m	28
29	U14	B	Free	50m	U13	B	Breast	50m	U11	B	Free	50m	U11	G	Free	50m	29
30	U16	G	Back	50m	U15	G	Free	50m	U12	G	Breast	50m	U11	B	Free	50m	30
31	U16	B	Back	50m	U15	B	Free	50m	U12	B	Breast	50m	U12	G	Breast	50m	31
32	U12	G	Back	50m	U12	G	Back	50m	U13	G	Back	50m	U12	B	Breast	50m	32
33	U12	B	Back	50m	U12	B	Back	50m	U13	B	Back	50m	U14	G	Free	100m	33
34	Open	G	Breast	100m	U14	G	'Fly	50m	U15	G	'Fly	50m	U14	B	Free	100m	34
35	Open	B	Breast	100m	U14	B	'Fly	50m	U15	B	'Fly	50m	U13	G	'Fly	50m	35
36	U11	G	'Fly	25m	U11	G/B	F/S R	4x1	Open	L	IM	100m	U13	B	'Fly	50m	36
37	U11	B	'Fly	25m	U13	G/B	F/S R	4x1	Open	M	IM	100m	U11	G	Breast	50m	37
38	U14	G	'Fly	50m	U15	G/B	F/S R	4x1	U11	G/B	F/S R	4x1	U11	B	Breast	50m	38
39	U14	B	'Fly	50m	U12	G/B	F/S R	4x1	U12	G/B	F/S R	4x1	U12	G	Back	50m	39
40	U16	G	Free	50m	U14	G/B	F/S R	4x1	U13	G/B	F/S R	4x1	U12	B	Back	50m	40
41	U16	B	Free	50m	U11	G	Breast	50m	U15	G/B	F/S R	4x1	U14	G	F/S R	4x1	41
42	Open	G/B	Med R	4x2	U11	B	Breast	50m	Open	L/M	F/S R	4x50m	U14	B	F/S R	4x1	42
43	U12	G/B	Med R	4x1	U13	G	Free	50m	U11	G	Breast	50m	U13	G	F/S R	4x1	43
44	U11	G/B	F/S R	4x1	U13	B	Free	50m	U11	B	Breast	50m	U13	B	F/S R	4x1	44
45	U14	G/B	F/S R	4x1	U15	G	Back	50m	U12	G	Back	50m	U11	G	Med R	4x1	45
46	U16	G/B	F/S R	4x1	U15	B	Back	50m	U12	B	Back	50m	U11	B	Med R	4x1	46
47	U12	G	Free	50m	U12	G	'Fly	50m	U13	G	'Fly	50m	U12	G	Med R	4x1	47
48	U12	B	Free	50m	U12	B	'Fly	50m	U13	B	'Fly	50m	U12	B	Med R	4x1	48
49	Open	G	Free	100m	U14	G	Breast	50m	U15	G	Free	50m	U14	G	Back	100m	49
50	Open	B	Free	100m	U14	B	Breast	50m	U15	B	Free	50m	U14	B	Back	100m	50
51	G/B Squadron			10x1	G/B Squadron			10x1	Open	L	Back	100m	G/B Squadron			8x1	51
								Open	M	Back	100m					52	
								G/B Squadron			10x1					53	

Note: 50m pool distances *will* differ.