

					Year 2026	26-4	
		Sat	Sch	\$	H&SC Leagues	Other Competitions - Sat	Other Competitions - Sun
1	January	3	4	HSX			Dorking SC Invitational Distance Meet 2026 Epsom District SC L4 New Year's Meet 2026
		10	11			Guildford City Level 4 New Year Meet 2025 Mid Sussex Marlins 800mtrs Distance Meet	Arun Tridents SC Splash Into 2026
		17	18			Hampshire County ASA Swimming Champs 2026	Hampshire County ASA Swimming Champs 2026
		24	25			Surrey Age Group Championships 2026	Surrey Age Group Championships 2026
		31		\$			
2	February	1					
		7	8			Surrey Age Group Championships 2026	Surrey Age Group Championships 2026
		14	15	HSX		Fareham Nomads Valentines Meet 2026	Fareham Nomads Valentines Meet 2026
		21	22	HSX		Sussex County Championships	Sussex County Championships
		28				Hampshire County ASA Swimming Champs 2026 Sussex County Championships	
3	March	1					Hampshire County ASA Swimming Champs 2026 Sussex County Championships
		7	8			National Arena Swimming League 25th Plate Final	The National Arena Swimming League 56th Cup Final
		14	15			2026 Wycombe Long Course L1 Premier Meet Primary ESSA National Team Championships	2026 Wycombe Long Course L1 Premier Meet
		21	22			Winchester City Penguins Spring Qualifier 2026 Bracknell & Wokingham Regional Qualifier Meet 2026	Winchester City Penguins Spring Qualifier 2026 Bracknell & Wokingham Regional Qualifier Meet 2026
		28	29	HS			Arun Tridents SC Easter Meet 2026 Crawley Spring Open Meet L1 LC 2026
4	April	4	5	HSX	Easter	Crawley Spring Open Meet L1 LC 2026	National Arena Swimming League
		11	12	HSX			
		18	19	X			
		25	26			SE East Region Long Course Championships 2026 ESSA South East Division Primary Teams Gala	SE East Region Long Course Championships 2026
5	May	2	3		Early May Bank Holiday	SE East Region Long Course Championships 2026	SE East Region Long Course Championships 2026
		9	10			SE East Region Long Course Championships 2026	SE East Region Long Course Championships 2026
		16	17			Rushmoor Royals Open Meet	
		23	24	HSX	Spring Bank Holiday		Arun Tridents SC Spring Invitational 2026
		30	31	HSX			
6	June	6	7			Havant & Waterlooville Swim out your Skin	Havant & Waterlooville Swim out your Skin
		13	14	\$	Rother Lg round 1 (2025 9 teams 1 DNS) incorporates Premier League/Rother Junior Trophies (2025 8 teams 1 DNS 1WDL)	Crawley SC Summer Splash Open Meet 2026 L3 LC	
		20	21	\$		ESSA Primary Teams 30th Championships Final	
		27	28	\$	Rother Lg Round 2 (2025 9 teams 1 DNS) Other galas incorporates Rother Relay Gala (2025 10 teams 3 DNS)		
7	July	4	5	\$	(probably hants dev meets)		
		11	12	\$	(probably hants dev meets)		
		18	19	HX			
		25	26	HSX			
8	August	1	2	HSX			
		8	9	HSX			
		15	16	HSX			
		22	23	HSX			
		29	30	HSX	Summer Bank Holiday		
9	September	5	6	\$			
		12	13			Hampshire Relay Championships	Hampshire Relay Championships
		19	20	\$	Rother Lg round3 (2025 9 teams 1 DNS) incorporates Rother Age Group Gala (2025 10 teams 1 DNS)		
		26	27	\$			
10	October	3	4	\$			
		10	11			National Arena Swimming League round 1	National Arena Swimming League round 1
		17	18	S			
		24	25	HSX			
		31		HSX			
11	November	1		HSX			
		7	8	\$			
		14	15			National Arena Swimming League round 2	National Arena Swimming League round 2
		21	22	\$			
		28	29	\$			
12	December	5	6			National Arena Swimming League round 3	National Arena Swimming League round 3
		12	13	\$			
		19	20	HSX			
		26	27	HSX	Christmas		
The above, provided by Hants & South Coast Leagues (\$), is for guidance only.							
Competition dates can, and do, change. School holiday dates are those of Hants, Surrey and West Sussex.							
			X		West Sussex school hols		
			H		Hampshire school hols		Chris Lintott
			S		Surrey school hols		